



Medical Disclaimer – Rosemary Health Clinic

The information, guidance, and advice provided through Rosemary Health Clinic's training sessions, nutrition, and lifestyle consultations are intended for general educational and informational purposes only.

I am not a licensed medical professional, and I do not diagnose, treat, or cure medical conditions, analyse test results, or provide medical prescriptions.

Any recommendations made are based on my knowledge as a Nutrition and Lifestyle Coach and Personal Trainer and should not replace medical advice from a qualified healthcare provider.

If you have specific health concerns, pre-existing medical conditions, or are taking medications, please consult your doctor or healthcare professional before making any changes to your diet, exercise routine, or lifestyle.

Participation in any programs offered by Rosemary Health Clinic is voluntary, and it is your responsibility to ensure that the services provided are suitable for your needs.

Rosemary Health Clinic will not be held liable for any health issues, injuries, or adverse effects arising from the application of the information provided.

By engaging with Rosemary Health Clinic, you acknowledge and agree to this disclaimer.